

Thailand - Lao PDR Cooperation on Health Promotion, 3-year plan
Joint Action Plan 2023 - 2025

As of 16 June 2023

Project Title	Activities	Target areas/ population	Time frame			Source of Funding	Output Indicators/ Expected Outputs	Responsible agency
			23	24	25			
<p>1. Additional support on Maternal and Child Health (MCH) through the First 1000 Days of Life Project</p>	<p>1. Analyze the gap in the current situation by conducting an MCH Self-Assessment (focused on the maternal mortality cause).</p> <p>1.1 Establish the MCH Board (Maternal and Child Health Board).</p> <p>1.2 Thai experts assist Lao PDR to analyze the causes of maternal mortality using the report of maternal mortality rate (MMR) through a digital platform (translated into English/Lao) via a teleconference system and collaborated to find solutions.</p> <p>1.3 Study visits / training.</p> <p>1.4 Provide additional support on primary care of the MCH service by Lao PDR (a quality antenatal clinic and labor room systems, in accordance with standards, as well as a surveillance system of maternal mortality in the Lao PDR. Additionally, premarital counseling and school-based interventions for parents).</p>	7 twin cities	✓	✓	✓	<p>- Thai government</p> <p>- Lao PDR government</p> <p>- Non-Governmental Organization (NGO)</p> <p>- Other international organizations</p>	<p>- The maternal mortality rate (MMR) has decreased.</p>	<p>1. DOH</p> <p>- Center for International Cooperation (Coordinator)</p> <p>- Contact person: Ms. Monsinee Namchan Foreign Relations Officer, Practitioner Level</p> <p>Email: monsinee.n@anamai.mail.go.th</p> <p>Phone number: +66 8 4013 1001</p> <p>2. DHHP</p> <p>- RMNCAH</p> <p>- Contact person:</p> <p>Name:</p> <p>Position:</p> <p>Email:</p> <p>Phone number:</p> <p>3. 7 twin cities</p> <p><u>HPC 1 Chiangmai</u></p> <p>- Contact person:</p> <p>Name:</p> <p>Position:</p> <p>Email:</p>

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								Phone number: <u>HPC 7 Khonkaen</u> - Contact person: Name: Position: Email: Phone number: <u>HPC 8 Udon Thani</u> - Contact person: Name: Position: Email: Phone number: <u>HPC 10 Ubonratchathani</u> - Contact person: Name: Position: Email: Phone number: <u>Bokeo</u> - Contact person: Name: Position: Email: Phone number: <u>Bolikhamxay</u> Name: Position: Email:

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								Phone number: <u>Champasak</u> - Contact person: Name: Position: Email: Phone number: <u>Khammuane</u> - Agency: - Contact person: Name: Position: Email: Phone number: <u>Savannakhet</u> - Agency: - Contact person: Name: Position: Email: Phone number: <u>Vientiane Capital</u> - Agency: - Contact person: Name: Position: Email: Phone number: <u>Xayaboury</u>

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								- Agency: - Contact person: Name: Position: Email: Phone number:
	<p>2. Provide additional support on primary care of the MCH service and referral systems using the MCH standard.</p> <p>2.1 Develop a proactive community search and risk screening system for pregnant women, service accessibility, and healthcare rights.</p> <p>2.2 Facilitate learning and exchange experiences between twin cities by selecting a community and inviting Thai experts to exchange opinions and experiences in primary care, either through teleconferencing or face-to-face interactions.</p>	7 twin cities				- Thai government - Lao PDR government - NGO - Other international organizations	- Number of primary care units. - Development of service systems - Primary care units engage in learning and exchange experiences.	<p>1. DOH</p> - Office: - Contact person: Name: Position: Email: Phone number:
								<p>2. Provincial Public Health Office</p> <p><u>Chiang Rai</u></p> - Office: - Contact person: Name: Position: Email: Phone number:
								<p><u>Nong Khai</u></p> - Office: - Contact person: Name: Position: Email:

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								Phone number: <u>Bueng Kan</u> - Office: - Contact person: Name: Position: Email: Phone number: <u>Nakhon Phanom</u> - Office: - Contact person: Name: Position: Email: Phone number: <u>Mukdahan</u> - Office: - Contact person: Name: Position: Email: Phone number: <u>Loei</u> - Office: - Contact person: Name: Position: Email: Phone number:

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								3. DHHP - Office: - Contact person: Name: Position: Email: Phone number:
	3. Build capacity through study visit, exchange program and training in provincial/district hospitals and health center by using MCH standard with a focus on ANC (Antenatal Care), LR (Labor Room), NICU (Neonatal Intensive Care Unit), PP (Postpartum Care), and WCC (Well-Child Care). 3.1 Study visits 3.2 Provide training for personnel at the provincial level, district-level hospitals, and community health centers. - Training course for Emergency Obstetric Care, Quality Antenatal Care, Newborn Care, and Child Development (HPC 10 Ubonratchathani).	7 twin cities				- Thai government - Lao PDR government - NGO - Other international organizations	- Number of trainees/participants	1. DOH - Office: - Contact person: Name: Position: Email: Phone number: 2. DHHP - Office: - Contact person: Name: Position: Email: Phone number: 3. 7 twin cities HPC 1 Chiangmai HPC 7 Khonkaen HPC 8 Udon Thani

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	- Training course for Normal Delivery (HPC 1 Chiangmai).							HPC 10 Ubonratchathani Bokeo Bolikhamsay Champasak Khammuane Savannakhet Vientiane Capital Xayaboury
	<p>4. Build capacity of Lao village health volunteers in MCH.</p> <p>4.1 Enhance capacity/Provide training for village health volunteers in MCH.</p> <ul style="list-style-type: none"> - Data collection in public health. - Report the data every 3 months. - Provide knowledge on health promotion (reproductive health, maternal and child health, and adolescent health). 	7 twin cities				<ul style="list-style-type: none"> - Thai government - Lao PDR government - NGO - Other international organizations 	- Number of Lao village health volunteers who have received the training.	<p>1. DOH</p> <ul style="list-style-type: none"> - Office: - Contact person: Name: Position: Email: Phone number: <p>2. DHHP</p> <ul style="list-style-type: none"> - Office: - Contact person: Name: Position: Email: Phone number: <p>3. 7 twin cities</p> <p>HPC 1 Chiangmai HPC 7 Khonkaen HPC 8 Udon Thani</p>

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	<p>5. Build capacity on adolescent family planning for healthcare personnel.</p> <p>5.1 Provide training for personnel at the provincial level, district-level hospitals, and community health centers.</p>	7 twin cities				<ul style="list-style-type: none"> - Thai government - Lao PDR government - NGO - Other international organizations 	<p>- Number of personnel who have received training in adolescent family planning.</p>	<p>1. DOH</p> <ul style="list-style-type: none"> - Office: - Contact person: Name: Position: Email: Phone number: <p>2. DHHP</p> <ul style="list-style-type: none"> - Office: - Contact person: Name: Position: Email: Phone number: <p>3. กรมปศุสัตว์และพันธุ์พืช หน้าที่การ สปป.ลาว</p> <ul style="list-style-type: none"> - Office: - Contact person: Name: Position: Email: Phone number:

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	<p>6. Promote healthy nutrition in MCH (focused on the first 1000 days of life).</p> <p>6.1 Review and evaluate current operations (implemented by the Lao PDR).</p> <p>6.2 Study visits / training</p> <ul style="list-style-type: none"> - Implementation of the Milk Code legislation. - Undernutrition in children aged 0-5 years (stunting and wasting). <p>6.3 Additionally promote the healthy nutrition in MCH (focused on the first 1000 days of life).</p> <p>6.4 Extract lessons learned from the implementation of the first 1000 days of life project.</p>	7 twin cities				<ul style="list-style-type: none"> - Thai government - Lao PDR government - NGO - Other international organizations 	<ul style="list-style-type: none"> - Number of provinces implementing activities according to items 6.1-6.4. 	<p>1. DOH</p> <ul style="list-style-type: none"> - Office: - Contact person: Name: Position: Email: Phone number: <p>2. DHHP</p> <ul style="list-style-type: none"> - Office: - Contact person: Name: Position: Email: Phone number: <p>3. Nutrition Center, Lao PDR</p> <ul style="list-style-type: none"> - Office: - Contact person: Name: Position: Email: Phone number:

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	<p>7. Additionally develop guidelines for the Referral System.</p> <p>7.1 Review and evaluate current operations (implemented by the Lao PDR).</p> <p>7.2 Coordinate and integrate the referral system with local organizations/community leaders.</p>	7 twin cities				<ul style="list-style-type: none"> - Thai government - Lao PDR government - NGO - Other international organizations 	<p>- There are guidelines for the referral system.</p>	<p>1. DOH</p> <ul style="list-style-type: none"> - Office: - Contact person: Name: Position: Email: Phone number: <p>2. DHHP</p> <ul style="list-style-type: none"> - Office: - Contact person: Name: Position: Email: Phone number: <p>3. 7 twin cities</p> <ul style="list-style-type: none"> HPC 1 Chiangmai HPC 7 Khonkaen HPC 8 Udon Thani HPC 10 Ubonratchathani Bokeo Bolikhamxay Champasak Khammuane Savannakhet Vientiane Capital Xayaboury

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2. Additional development and support of MCH systems and cooperation at the bordering Thailand and Lao PDR	<p>1. Monitor medicine supply, particularly emergency medicines for mothers and children.</p> <p>1.1 Review and evaluate current operations (implemented by the Lao PDR).</p> <p>1.2 Study visits / training.</p> <p>1.3 Re-improve the system.</p>	7 twin cities MCH team				<ul style="list-style-type: none"> - Thai government - Lao PDR government - NGO - Other international organizations 	<p>- There is an emergency medication stock for mothers and children.</p>	<p>1. DOH</p> <ul style="list-style-type: none"> - Office: - Contact person: Name: Position: Email: Phone number: <p>2. DHHP</p> <ul style="list-style-type: none"> - Office: - Contact person: Name: Position: Email: Phone number: <p>3. 7 twin cities</p> <ul style="list-style-type: none"> HPC 1 Chiangmai HPC 7 Khonkaen HPC 8 Udon Thani HPC 10 Ubonratchathani Bokeo Bolikhamxay Champasak Khammuane Savannakhet Vientiane Capital Xayaboury

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	<p>2. Develop collaboration on laboratory relevance.</p> <p>2.1 Review and evaluate current operations (implemented by the Lao PDR).</p> <p>2.2 Study visits / training.</p> <p>2.3 Re-improve the system.</p>	<p>7 twin cities</p> <p>MCH team</p>				<p>- Thai government</p> <p>- Lao PDR government</p> <p>- NGO</p> <p>- Other international organizations</p>	<p>- There is a necessary screening system on laboratory relevant.</p>	<p>1. DOH</p> <p>- Office:</p> <p>- Contact person:</p> <p>Name:</p> <p>Position:</p> <p>Email:</p> <p>Phone number:</p> <p>2. DHHP</p> <p>- Office:</p> <p>- Contact person:</p> <p>Name:</p> <p>Position:</p> <p>Email:</p> <p>Phone number:</p> <p>3. 7 twin cities</p> <p>HPC 1 Chiangmai</p> <p>HPC 7 Khonkaen</p> <p>HPC 8 Udon Thani</p> <p>HPC 10 Ubonratchathani</p> <p>Bokeo</p> <p>Bolikhamxay</p> <p>Champasak</p> <p>Khammuane</p> <p>Savannakhet</p> <p>Vientiane Capital</p> <p>Xayaboury</p>

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	<p>3. Monitor and exchange information on MCH between twin cities.</p> <p>3.1 Exchange information on maternal and child health services between the two countries.</p> <p>3.2 Review and analyze the MCH service system, database system, and referral system.</p> <p>3.3 Arrange the cooperation meeting workshop to develop an information system for MCH in Lao PDR.</p>	7 twin cities				<ul style="list-style-type: none"> - Thai government - Lao PDR government - NGO - Other international organizations 	<p>- There is a database system for MCH information between twin cities.</p>	<p>1. DOH</p> <ul style="list-style-type: none"> - Office: - Contact person: Name: Position: Email: Phone number: <p>2. DHHP</p> <ul style="list-style-type: none"> - Office: - Contact person: Name: Position: Email: Phone number: <p>3. 7 twin cities</p> <ul style="list-style-type: none"> HPC 1 Chiangmai HPC 7 Khonkaen HPC 8 Udon Thani HPC 10 Ubonratchathani Bokeo Bolikhamxay Champasak Khammuane Savannakhet Vientiane Capital Xayaboury

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3. Health literacy and communication of health care units at the bordering Thailand and Lao PDR	<p>1. Build capacity for health communication skills, focusing on improving health literacy for pregnant women and their families.</p> <p>1.1 Study visits / training.</p>	7 twin cities				<ul style="list-style-type: none"> - Thai government - Lao PDR government - NGO - Other international organizations 	<p>- Pregnant women and their families are knowledgeable in health.</p>	<p>1. DOH</p> <ul style="list-style-type: none"> - Office: - Contact person: Name: Position: Email: Phone number: <p>2. DHHP</p> <ul style="list-style-type: none"> - Office: - Contact person: Name: Position: Email: Phone number: <p>3. 7 twin cities</p> <ul style="list-style-type: none"> HPC 1 Chiangmai HPC 7 Khonkaen HPC 8 Udon Thani HPC 10 Ubonratchathani Bokeo Bolikhamxay Champasak Khammuane Savannakhet Vientiane Capital Xayaboury

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	<p>2. Increase personnel's health and hygiene communication skills at the Center for Communication and Education for Health (CCEH), focusing on MCH and family media.</p> <p>2.1 Exchange experiences through group meetings between twin cities via Tele Conference.</p> <p>2.2 Study through infographic materials from the DOH/DHHP website and relevant agencies.</p> <p>2.3 Collaborate with other relevant ministries.</p>	7 twin cities				<ul style="list-style-type: none"> - Thai government - Lao PDR government - NGO - Other international organizations 	<p>- There are media to promote health literacy about pregnant women and their families.</p>	<p>1. DOH</p> <ul style="list-style-type: none"> - Office: - Contact person: Name: Position: Email: Phone number: <p>2. DHHP</p> <ul style="list-style-type: none"> - Office: - Contact person: Name: Position: Email: Phone number: <p>3. 7 twin cities</p> <ul style="list-style-type: none"> HPC 1 Chiangmai HPC 7 Khonkaen HPC 8 Udon Thani HPC 10 Ubonratchathani Bokeo Bolikhamxay Champasak Khammuane Savannakhet Vientiane Capital Xayaboury

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4. Improving Maternal and Child Health System in Remote Area and Bordering Thailand – Lao PDR (Ongoing project)	<p>1. Collect and analyze data for the development of MCH systems in the Thai-Lao border regions.</p> <p>1.1 Arrange two consultative meetings (online meeting) to discuss the framework of project implementation and visit plan of the project area and to collect the data on the background situation</p> <p>1.2 Visit maternal and child health system including the hospital and primary care unit (Suksala) at Chiang Khong and Bokeo Province</p> <p>1.3 Collect data</p>	<p>Bokeo and Chiang Khong Province</p> <p>- MCH Public health executives and officials from Chiang Rai and Bokeo Provincial Public Health Center Office and Chiang Khong and Bokeo District Hospital</p>	✓			Lancang-Mekong Cooperation Special Fund (46,200 USD)	- The maternal mortality rate has decreased.	<p>HPC 1 Chiangmai</p> <p>- Contact person: Dr. Krissana Kapheak Public Health Technical Officer, Senior Professional Level Email: kapheak@gmail.com Phone number: +66 8 5821 4017</p>
	<p>2. Implement policies and strategies to promote maternal and child health services and environmental health.</p> <p>2.1 Arrange a meeting for the preparation of the Maternal and Child Health and Environmental Health Plan (Bokeo MCH model)</p>	<p>- 45 participants from maternal and child health and environmental health networks</p>						
	<p>2.2 Implement the Maternal and Child Health and Environmental Health Plan (Bokeo MCH model) at the district level.</p>	<p>1 district of Bokeo province</p>						

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	<p>3. Strengthen the capacity of public health officials and midwives in the maternal and child health service and environmental health system.</p> <p>3.1 Organize training to enhance the capability of public health officials in maternal and child health service systems and environmental health in sub-district and district health service units.</p> <p>3.2 Organize two training workshops to improve the quality of midwives in Bokeo province.</p>	<p>- 150 participants from public health officials, doctors, nurses, and midwives in maternal and child health and environmental health service systems in sub-district and district health service units in Bokeo province (3 batches, 50 participants each)</p>						
	<p>3.3 Site visit to follow up and draw out lessons learned</p> <p>- ANC service for screening risk of pregnant women by health workers and midwives</p>	<p>- 20 MCH officials from Chiang Rai Provincial Public Health Center</p>						

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	<ul style="list-style-type: none"> - Qualified ANC services at sub-district and district levels - Qualified delivery room service - Participatory access for home care of pre-labor in remote areas <p>3.4 Summarize and make the project report</p>	Office, Chiang Khong District, and Bokeo Province						
5. Model development of integrated nutrition service and community engagement (Ongoing project)	<ol style="list-style-type: none"> 1. Identify two target areas for developing a nutrition service system for children (0-5 years). 2. Arrange a workshop between the two target areas and the Bureau of Nutrition, DOH on “Coursework: The Developing Capacity of Public Health Officers to Improve Nutritional Status among Under-Five Children in Communities, Lao PDR” (Online) 3. Ensure basic equipment in the two target areas and provide appropriate guidelines or standard operation procedures (SOP) on child nutrition. 4. Monitor and evaluate the project, prepare reports, and hold meetings with the Project Steering Committee (PSC). 	Bokeo province and Vientiane province - Lao community leaders and village health volunteers	✓			- Thailand International Cooperation Agency (TICA)	- Reducing malnutrition in children (0-5 years). 1. The malnutrition rate in children (0-5 years) has decreased by 5 percent. 2. The public health sector in Laos has effectively and comprehensively addressed malnutrition in children under 5 years.	Bureau of Nutrition - Contact person: 1. Mrs. Kannatcha Sroypechr Nutritionist, Senior Professional Level Email: kkannat@gmail.com Phone number: +66 8 9007 9888 2. Ms. Nattanit Inkham Nutritionist, Practitioner level Email: maymeesakai@gmail.com Phone number: +66 8 9271 7028